# Summerfield Spectator



VOLUME 12 ISSUE 1 - JULY / AUGUST 2021

#### Message From the Board

It has been almost exactly two years since our last Newsletter. Your Board of Directors (BOD) has been working extremely hard to keep our Community safe and looking good.

Covid shut us down for fourteen months. Limited activities and limited participants in the pool and gym and virtually no activities in the Clubhouse have been the norm during the pandemic. Only tennis has been mostly fully open during this difficult period. With most of our Community now vaccinated the BOD made the decision to fully open the facilities on Wednesday, May 19, 2021, and normal activities have mostly restarted.

So, what if anything is new since our last Newsletter. Well, your BOD listened to the residents' requests and:

 Added two pickleball courts which have been very popular since their installation last fall. If you haven't seen the new addition, come by most mornings and join in the fun

Hotwire completed installation of their fiber optic network at the end of January, 2021, to become Summerfield's provider of TV, internet & phone service. Installation began last August and homes started getting hooked up in November. Over 90 per cent of homes have subscribed to the service which has yielded very fast internet and incredible picture quality. Our community is well positioned to meet the future with this new service!

 During Covid our residents, Drs.Mary Starzinski and Kathy Petteruti, were very active in working with the BOD and Martin County to bring the vaccination process to our Clubhouse for two sessions specifically for our residents. Seventy residents were fully vaccinated during this initiative. Many thanks to Drs. Mary & Kathy for their efforts.

 Another round of sidewalk repairs was completed which has made the Community safer to walk.

 Speaking of safety, a number of cameras have been added to the Clubhouse, pool, and tennis courts due to several trespassing incidents. The cameras enabled management to identify the culprits and take action to stop them.

More recently there have been two additional important changes.

• At our May board meeting the BOD unanimously approved Advantage Property Management as our new property management company. They come to us with an excellent reputation and fine recommendations from other HOA's. They will not only manage our property but also our website which will be updated on a timely basis. Our new Property Manager, Mike McNeal, has hit the ground running and our new Administrative Assistant, Makayla Carthew, is a go-getter. We may finally have the property management company to serve our needs for the long term.

The other change is our landscape company. The BOD authorized the hiring of Lucky Landscaping at our May meeting after Natures Grounds gave us notice they wouldn't be returning after May 31. Lucky has an excellent reputation with other HOA's and has done a good job performing tree trimmings for us in the past couple years. They have also made a number of suggestions on how to get the Community looking more beautiful which we will follow up with the next several months.

Finally, the BOD would like to thank Kathleen Cox for taking over the onerous task of publishing the Newsletter. Residents have always looked forward to the Newsletter and it was definitely missed during the past two years, particularly through the pandemic. Thank you, Kathleen.

Have a great summer.

#### 2021 Board of Directors

President: Mike Cuba 772 285 3776 macfish3@aol.com

Vice President: Jon Isley 269 615 7070 xtarheeljmi@yahoo.com

**Treasurer:** Don Police 954 459 5528 dppol50@gmail.com

Secretary: Rich Montero 917 748 5054 rich.montero@icloud.com

Director: John Hart 781 626 0088 johnhart02066@yahoo.com

Director: John Melnichuk 631 741 4498 lauraleen@verizon.net

**Director:** Bill Weed 617 851 3106 wfweed@yahoo.com

Architectural Review Board Chairperson Stan Sorrentino 772 219 1193

New Residents Welcome Committee Joy Puerta 561 558 7983 joy.puerta@yahoo.com

Brenda Lavoie 772 781 7856 brlavoie20@yahoo.com

**Advantage Property Management** 

Manager: Mike McNeal MikeMc@advpromgt.com Admin: Makayla Carthew MakaylaC@advpromgt.com Summerfield office 772 286 0081

## Community Highlights

#### YOGA CLASS

AT THE SUMMERFIELD CLUBHOUSE

**Monday & Friday Classes** 

Monday – Yoga on the Mat (Hatha, Iyengar, Sampoorna, Yin and Yoga Nidra)

Friday - Chair Yoga



Start times: 9:30 AM Starting on July 12th Cost: \$5.00 per class

INSTRUCTOR: Roc Fiore, RYT 500 Email: rockfiore@comcast.net Phone: 772-463-5388



## Music at the Clubhouse



An Invitation from Les Rottner

Prior to the pandemic the Crystal Brass Quintet met regularly on Monday evenings from 7-9 PM, for an open rehearsal where we invited one and all to listen to our group. We encourage all to bring a Beverage of choice because we know that the more you drink, the better we sound!

(Abrass quintet is made up of 2 trumpets, French Horn, trombone, and a tuba)

Now that musical groups are beginning to get together again we expect to start up also in early August. We look forward to seeing our friends and neighbors at the rehearsals.

### Farewell and Best Wishes Walter

by Barb Parish

Walter Bruetsch, a long time At a farewell get together, some member of our community of Walter's fellow tennis players and the head of "open tennis" shared stories about how they at Summerfield, moved to will miss his positive attitude. AlTennessee at the end of June.

Walter has contributed to the tennis community over the years. Additionally, you've probably seen Walter walking through the neighborhood with a plastic bag picking up trash along the way. He has been a valuable member of our community and his contributions have helped to make Summerfield the special place it is today.

At a farewell get together, some of Walter's fellow tennis players shared stories about how they will miss his positive attitude. Always one to encourage other players, he frequently called out "great shot" even when the ball went into the net. Walter helped keep his neighborhood neat and tidy by bringing trash cans in from the curb for his nearby neighbors.

We have been fortunate to call Walter our neighbor for 23 years. He will be missed by his friends and neighbors, but he is looking



forward to this new chapter in his life and being close to his family in Tennessee.

Good Luck, Walter!

## Summerfield Sports Digest By BOB WRITER

GOLF UPDATE

Most of the tournaments and social events in the Summerfield Golf Association Mens Point Quota League were cancelled this season because of the Coronavirus pandemic.

The annual Member-Member Tournament was played on March were cancelled this 22, 2021.

Al Killian and Joe Kotaska won the A flight with a net score of 62, Bob Smith and Ralph Brasington were second with net score of 65, Steve Tassini and Tom Stevens were third with Summerfield has fielded teams in all three of the leagues net score of 67, and Bill Taylor and Keith Makowski finished fourth with net score of 67.

In The B Flight Dan Norman and Gus Nordgren won with a net score of 64, Bill Wildes and Rich Krevosky were second with net score of 65, Paul Woodman and Larry Beach were third with a net score of 68, Nick Mangiamele and Tom Jenkens finished fourth with a net score of 68.

Steve Guinta was the event Coordinator.

#### **TENNIS** UPDATE

All of the community tennis tournaments and social events season because of the



Coronovirus pandemic, play in the three Treasure Coast Inter-club tennis leagues was also suspended.

for several years.

The five court league for players rated 3.0 to 3.5 plays on Thurs-days, the five court league for players rated 3.5 to 4.0 plays on Tues-days and the 3 court league for 4.0 players plays on Fridays.

Play begins at the end of November and continues through mid April. Participation in these leagues may resume this fall if Covid restrictions permit.

### Computer Corner - What is a VPN - Do I Need One?

by Roger Bergstein

If two people are conversing in a crowded room, that conversation is vulnerable to eavesdropping. However, if they are conversing in a language the eavesdropper doesn't understand, the conversation is effectively private. Similarly, two electronic devices communicating over public wifi could be vulnerable to eavesdropping. However, if the electronic conversation uses a VPN (Virtual Private Network), the effect is similar to people conversing in a foreign language; the eavesdroppers won't understand a word.

Any web site that you visit whose URL starts with "https/" is already secure. All your other internet communication is not secure. Think about the non "https" web sites you visit, the emails you send and receive, and the files you store in cloud storage (One Drive, Google Drive, Dropbox, etc). All this communication between your computer and a non "https//" web site that occurs on public wi-fi is potentially vulnerable to eavesdroppers. If you use a VPN, the midpoint of your electronic conversation will shift from the server of the network provider you are on to the server of your VPN service, and the conversation will take place over an encrypted tunnel that is not subject to eavesdropping. Therefore, all

communication(notjust"https")willbesecure.

Additional benefits of a VPN are: Your location will be hidden - the target web site will believe your location to be the location of the VPN server; Your service provider will not see the websites to which you navigate - therefore they can't track your browsing history to sell for additional revenue.

There are many VPN services to choose from. Before signing up, read the reviews. The criteria to look for should be price. little to no decrease in internet speed, and whether or not the VPN logs your browsing history. Some VPN services are free, but before signing up, find out if their business model might be detrimental to you; Do they sell log and sell your browsing history? Free is not necessarily better. Some subscription services to check out are Express VPN, NordVPN, and Surfshark.

You may have heard of the TOR network. which is another secure way to browse the web. However TOR emphases anonymity for those folks wanting to browse the dark web, whereas, VPN emphases privacy for those of us that simply want to protect our data and identity.

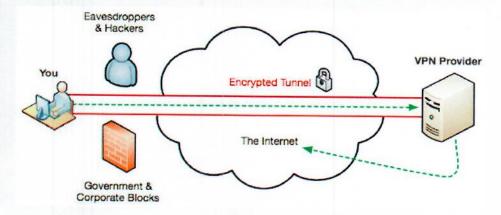
#### Stuart Computer Service

Computer Repair, Setup & Sales ~ Networks Backup Solutions ~ Data Recovery ~ Virus Removal Remote Support

#### Roger Bergstein

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### What is Happening in the Summerfield Real Estate Market

Address										
Address	BR	BA	Pool	Sq Ft	List	Sale	PPSF	Close Dt	% L/S	DOM
7044 SE Cricket Ct	3	2	N	1748	\$399,900	\$405,000	\$232	05/21/21	101%	60
6944 SE Cricket Ct	3	2	N	1748	\$400,000	\$400,000	\$229	05/18/21	100%	90
7151 SE Twin Oaks	3	2	N	1664	\$369,900	\$368,000	\$221	05/10/21	99%	13
6666 SE Seven Oaks Ln	4	3.5	N	2519	\$485,000	\$468,000	\$186	04/30/21	96%	90
3472 SE Fairway Oaks	4	3	Y	2774	\$599,000	\$580,000	\$209	04/19/21	97%	60
6839 SE Twin Oaks Cir pc	3	2	N	1827	\$430,000	\$432,500	\$237	04/15/21	101%	40
6980 SE Twin Oaks Cir	3	2	N	1882	\$329,000	\$307,000	\$163	04/14/21	93%	104
3503 SE Fairway Oaks pc	5	3.5	Y	3521	\$660,000	\$660,000	\$187	03/31/21	100%	9
7018 SE Sleepy Hollow	3	3	Y	2388	\$549,000	\$550,000	\$230	03/31/21	100%	90
2946 SE Kingsmill	3	2	N	2036	\$415,000	\$415,000	\$204	03/31/21	100%	30
6984 SE Cricket Ct	3	2	N	1593	\$425,000	\$420,000	\$264	03/29/21	99%	11
6967 SE Twin Oaks Cir	2	2	Y	1827	\$455,000	\$451,100	\$247	03/05/21	99%	10
3118 SE Indian Wells PI	4	3	Y	2790	\$585,000	\$595,000	\$213	02/26/21	102%	30
5410 SE Northgate Dr	3	3	N	1972	\$427,000	\$425,000	\$216	02/25/21	100%	26
6985 SE Cricket Ct	3	3.5	Y	2117	\$475,000	\$475,000	\$224	02/24/21	100%	27
P 6776 SE Warwick Ln	3	2	N	1541	\$269,000	\$265,000	\$172	02/24/21	99%	250
7005 SE Bay Hill Dr	4	3	Y	2411	\$583,000	\$583,000	\$242	02/02/21	100%	74
3512 SE Fairway Oaks	4	3	N	2772	\$482,000	\$480,000	\$173	02/01/21	100%	10
799 SE Sleepy Hollow Ln	4	3	N	2463	\$569,000	\$540,000	\$219	01/15/21	95%	29
5889 SE Warwick Ln	3	2	N	1551	\$329,000	\$329,000	\$212	01/15/21	100%	1
MEDIAN:					\$442,500	\$441.800				



#### Statistics and analysis by Brenda Lavoie Realty One Group-Engage

Whats Going On? Prices continue to rise and inventory is historically low. But, the frenzy seems to be cooling. That doesn't mean there aren't buyers out there. However, we are seeing fewer multiple offers and there is less panic buying. Days on Market (DOM) for a listing that is not priced correctly is starting to increase. The slowing

may be attributed to more vaccinated people traveling or focusing on other things besides house hunting and folks more readily taking summer vacations with family.

And buyer fatigue may have set in with buyers frustrated with the whole process. Be aware though, that the market is not back sliding. It's just

moving in another direction.

Much like the stock market, the real estate market rises and falls as a result of a myriad of outside forces.

It's still one of the best, long-term investments anyone can make. Always consult your local Realtor before making any buying or selling decisions.

### Real Estate Roundup

by Mary Lee Cullen

Berkshire Hathaway Home Services Florida Realty

Potential sellers often ask what they can do to make their homes more desirable. It's really easy-- de-clutter and clean. We all accumulate "stuff," often things we never use. If you are thinking of selling, my best advice is to get rid of the extra things you have accumulated over the years. Closets look much larger if they are half full. Cupboards look more useful if they are half full.

Once you have done your de-cluttering, it's time for a real top to bottom house cleaning. I recommend hiring a professional cleaning service for this project. Besides oven and baseboard cleaning, they will do the other heavy duty things needed to make your home camera ready.

The most important task is sprucing up the front of your home. I have read that 90% of buyers make their buying decision before entering the

home. I recommend painting your front door an attractive color. And mulch, mulch, mulch. Dark brown mulch. You can never have too much mulch. A few bright flowers will make your home picture perfect.

The past year has been a rocket ride for real estate. No one knows what the future holds, but as long as interest rates stay low, prices will likely continue to rise. Florida is one of the hottest markets in the country. We all know that it is a great place to live, and Summerfield is the best.

### Summerfield Clubs and Activities

#### Other Activities

- Biking
- Cards and Games
- Poker
- Hand Foot
- Dominoes
- Euchre
- Brass Quartet Practice
- Book Club

#### Start Your Own Group!

Do you have an interest to share? Submit your idea and request for meeting time at the Community Center to Property Management to get started. Most Summerfield residents pursue a highly active lifestyle. In addition to golf and tennis many of the activities in which our residents are involved occur in the clubhouse, through formal clubs or in instructor lead classes. A partial list of these activities/clubs are listed to the left:

#### Summerfield Garden Club

The Mission of the Summerfield Garden Club is to provide a horticultural experience for the residents of our Summerfield community – whether their interest be serious landscaping, growing orchids, or just simply a love of flowers. Typically, we meet the first Tuesday morning of each month (October through May) with a business meeting and a program of horticultural interest. We also go on field trips. We have visited over 100 gardens, historical houses, botanical gardens, and nurseries in South Florida. Every fall, we have a special "Getaway" field trip. Since we like to have fun we have a few social events each season. The club is also involved with charities such as House of Hope and Habitat for Humanity. For more information contact Rich Oswald: judyrich7020@hotmail.com.

#### Sewing Guild

The Sewing Guild's focus is to share the love of fiber art with friends and neighbors. Members of the Guild enjoy learning from one another various techniques and tips pertaining to sewing, knitting and crocheting. Classes are periodically offered by Guild members, as well as weekly "show and share" sessions featuring our membership projects. In addition, the Guild has a strong charitable commitment to benefit needy children throughout our local community. The Guild works with organizations devoted to infants and toddlers in Indiantown and the Christ Child Society in Stuart and Hobe Sound, as well as local nursing homes. Our charitable projects are financially supported by the Summerfield Association, The Christ Child Society, and various other individuals who donate supplies, as well as a small membership fee. Meets Friday Mornings at the Clubhouse 10am -12noon. Contact Marie Krevosky: Krevosky@aol.com.

#### Open Tennis Club

Tennis provides some of the major recreational activities for Summerfield residents. From friendly social matches to keen competition and club play with other communities in the area, or tennis community offers something for everyone. Contact Rich Montero: richmontero@icloud.com or Roc Fiore: Brooklynboy255@gmail.com.

#### Yoga

Monday's yoga mat class featuring: Hatha, Yin, Sampoorna Yoga traditions as well as Yoga Nidra. Students will need a mat, 2 blocks, a belt and a blanket or towel. Friday's class is a Chair Yoga practice. Chairs will be provided. Contact Roc Fiore: Brooklynboy255@gmail.com.

#### Water Aerobics

Water Aerobics is a form of aerobic exercise that requires water-immersed participants. The classes are very informal and focus on aerobic endurance, resistance training, and creating an enjoyable atmosphere. Monday – Saturday at 8:30am at the Clubhouse.

#### Mah-Jongg

Mah-Jongg is a tile-based game that was developed in the 19th century in China and has spread throughout the world since the early 20th century. It is commonly played with by four players. Skills required: Tactics, observations, memory, and adaptive strategies. Monday at 1:00pm and Wednesday at 6:30pm at the Clubhouse.

#### Community Golf

Ready for a round of golf? Contact Frank Gervasi or Steve Guinta at sjguinta@gmail.com.

Summerfield also conducts a variety of community wide events on an annual or bi-annual basis. Some of those activities include an Arts and Crafts Fair, Children's Halloween Parade, Garage Sale, Garden Tour, Holiday Party and other Social Gatherings. Keep a look out for communications from ADVANTAGE PM and this newsletter for more information.

## Cool Recipes for Hot Days

#### Cucumber Salad with Feta and Mint

Cucumber salad is a perfect side dish on a hot summer evening. This is a fresh twist on the more traditional recipes with the refreshing flavors of mint and lemon.

1 Long English Cucumber
2 tbsp, Mint - Fresh Leaves, Chopped
1 tablespoon, Oil - Olive
Juice of 1 fresh Lemon
1 tsp(s), Honey
Salt and Pepper to taste
0.25 cup(s), Crumbled Feta Cheese

Thinly slice the cucumber and then finely chop the fresh mint leaves

Add Olive Oil, Fresh Lemon Juice and honey and mix well.

Salt and Pepper to taste. Mix again,

Set aside in covered bowl in the refrigerator until ready to serve. I wouldn't make it too far ahead. The cucumbers could get soggy.

When ready to serve, toss again and Sprinkle with feta cheese.

You can mix it up by adding onions or tomatoes or both.



So who doesn't love an easy one dish meal. This is a perfect lunch or light dinner for anyone who is gluten free or just trying to avoid carbs.

3 cup(s), Romain Lettuce

4 oz, Deli Homestyle Turkey Breast

18 cherry tomatoes, Cherry Tomatoes

4 slices, Bacon

0.25 tsp, Garlic Salt

1 dash, Spices, pepper, black

0.25 Cup, Shredded Cheddar

1.50 tbsp, Reduced Fat Mayonnaise

Chop Romain and Turkey into bite side pieces. Cut Cherry Tomatoes in half and crumble bacon. Add garlic salt and pepper to taste. All this can be done ahead of time. When it's time to serve, add cheese, toss well. Add mayonnaise and toss again.

You can change it up by adding onion, peppers or cucumber.

Anyone interested in sending a recipe for the next edition please send to ksheehancox@gmail.com and Put Summerfield Recipe in the subject. I will be able to use 2 or 3.

Topic for September/October will be Taste of Autumn.

**DEADLINE: August 5th.** 



Amount Per Serving	
calories 84	
	% Daily Value
Total Fat 6 g	9
Saturated Fat 2 g	9
Monounsaturated Fa	1 2 g
Polyunsaturated Fat	0 g
Trans Fat 0 g	
Cholesterol 8 mg	3
Sodium 187 mg	8
Potassium 137 mg	4
Total Carbohydrate 6	g 2
Dietary Fiber 0 g	2
Sugars 3 g	
Protein 1 g	1
Vitamin A	2
Vitamin C	20
Calcium	1
Iron	1
* The Percent Daily Va on a 2,000 calorie diet, may change depending needs. The values here 100% accurate becaus	so your values g on your calor e may not be e the recipes
have not been professi evaluated nor have the	
evaluated not have the	y osen

evaluated by the U.S. FDA

lunch or light dinner for anyone	Amount Per Serving
and of high annier for any one	calories 220
	% D
-0.00	Total Fat 12 g
	Saturated Fat 4 g
	Monounsaturated Fat 0 g
	Polyunsaturated Fat 0 g
	Trans Fat 0 g
	Cholesterol 45 mg
	Sodium 773 mg
	Potassium 678 mg
	Total Carbohydrate 5 g
	Dietary Fiber 4 g
	Sugars 4 g
	Protein 21 g
matoes in half and crumble	Vitamin A
e ahead of time. When it's time to	Vitamin C
	Calcium

Service Control of the Control	
Amount Per Serving	
calories 220	
% 0	Daily Value *
Total Fat 12 g	19 %
Saturated Fat 4 g	18 %
Monounsaturated Fat 0 g	,
Polyunsaturated Fat 0 g	
Trans Fat 0 g	
Cholesterol 45 mg	15 %
Sodium 773 mg	32 %
Potassium 678 mg	19 %
Total Carbohydrate 5 g	2 %
Dietary Fiber 4 g	15 %
Sugars 4 g	
Protein 21 g	42 %
Vitamin A	82 %
Vitamin C	34 %
Calcium	12 %
Iron	7 %
The Percent Daily Values on a 2,000 calorie diet, so may change depending or needs. The values here m 100% accurate because the have not been professional.	your values n your calorie ay not be ne recipes ally
evaluated nor have they be evaluated by the U.S. FDA	een

## Community Calendar

July 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
		V	Vater Aerobics - 8:	30 AM Monday	- Saturday	
7:00 Fireworks on the 4th-Red, White and Boom	5	6	7 6.30 PM Mah-Jongg	8	9	10
11 1:00 - 4:00 PM ROCK'N RIVERWALK	9:30 AM Yoga on the Mat 1:00 PM Mah-Jongg	13	14 6.30 PM Mah-Jongg	15	16 9:30 AM Chair Yoga	17
18 1:00 - 4:00 PM ROCK'N RIVERWALK	9:30 AM Yoga on the Mat 1:00 PM Mah-Jongg	20	21 6.30 PM Mah-Jongg	22	23 9:30 AM Chair Yoga 5:00 to 9:00 PM Food Truck Friday in Hobe Sound	24
25 1:00 - 4:00 PM ROCK'N RIVERWALK	26 9:30 AM Yoga on the Mat 1:00 PM Mah-Jongg	27	28 6.30 PM Mah-Jongg	29	30 9:30 AM Chair Yoga 5:00 PM Post Covid Social gathering	31

NOTES: Stuart - Fireworks on the 4th-Red, White and Boom 7 pm. Sunday: Santana tribute band Supernatural will perform on the Riverwalk Stage in downtown Stuart, 201 S.W. St. Lucie Ave. 9 pm. fireworks begin at Flagler Park, 201 S.W. Flagler Ave.

Mah-Jongg - Monday at 1:00pm and Wednesday at 6:30pm at the Clubhouse.

Yoga Classes take place in the Clubhouse. Cost is \$5:00 per class. Contact: Roc Fiore at rockfiore@comcast.net or 772-463-5388

ROCK'N RIVERWALK IS BACK FOR 2021! Every Sunday from 1-4pm at the Riverwalk Stage in Downtown Stuart

"CHOW DOWN HOBE SOUND" FOOD TRUCKS Every 4th Friday of Every Month from 5pm - 9pm Gourmet Food Trucks, music, cocktails, vendors and more, JV Reed Park, 9004 SE Athena St, Hobe Sound, FL 33455

Post Covid Social gathering/music/bar b que \$10/person sponsored by the board of directors at 5:00 PM

## Community Calendar

### August 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat			
	Water Aerobics - 8:30 AM Monday - Saturday								
1 1:00 - 4:00 PM ROCK'N RIVERWALK	2 9:30 AM Yoga on the Mat 1:00 PM Mah-Jongg 7:00 to 9:00 PM Brass Quintet	3	4 6.30 PM Mah-Jongg	5	6 9:30 AM Chair Yoga	7			
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NOTES: Yoga Classes take place in the Clubhouse. Cost is \$5:00 per class. Contact: Roc Fiore at rockfiore@comcast.net or 772-463-5388

Mah-Jongg - Monday at 1:00pm and Wednesday at 6:30pm at the Clubhouse.

Brass Quintet Rehearsals are open to members of the community. BYOB

ROCK'N RIVERWALK IS BACK FOR 2021! Every Sunday from 1-4pm at the Riverwalk Stage in Downtown Stuart

If anyone has an activity they would like on the September/October calendar - please submit it by August 5th.

#### Kathleen Sheehan Cox

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